

Figure 1: The Persuasion Interface Design in the Automotive context Framework (PIDAF).[13]. Category definitions can be found in Table 3.

# Persuading the Driver: A Literature Review to Identify Blind Spots

Irina Paraschivoiu University of Salzburg Salzburg, Austria irina.paraschivoiu@sbg.ac.at

Manfred Tscheligi University of Salzburg & AIT Salzburg & Vienna, Austria manfred.tscheligi@sbg.ac.at

# ABSTRACT

Alexander Meschtscherjakov University of Salzburg Salzburg, Austria alexander.meschtscherjakov@sbg.ac.at

We present a review of persuasive systems in vehicles based on the Persuasion Interface Design in the Automotive context Framework (PIDAF). It integrates *intents, cues,* persuasive *principles* and *design options* for automotive persuasion. Our results show that most systems target safety and eco-driving using conscious cues to alert the driver. Most systems use self-monitoring, tailoring or suggestion as persuasive principles. Visual modalities are still much more popular than auditory or haptic ones. We identified blind spots to support designers and researchers in developing systems addressing areas which are less explored in automotive persuasion.

Permission to make digital or hard copies of part or all of this work for personal or classroom use is granted without fee provided that copies are not made or distributed for profit or commercial advantage and that copies bear this notice and the full citation on the first page. Copyrights for third-party components of this work must be honored. For all other uses, contact the owner/author(s).

CHI'2019 Extended Abstracts, May 4–9, 2019, Glasgow, Scotland UK © 2019 Copyright held by the owner/author(s). ACM ISBN 978-1-4503-5971-9/19/05.

https://doi.org/10.1145/3290607.3312841

# **KEYWORDS**

Automotive; persuasion; behaviour change; literature review.

# INTRODUCTION AND METHOD

Persuasive systems for drivers have proliferated in the past decade. For designers and researchers it is difficult to know what has already been tested and with what results, because most reviews focus on behaviour change models which do not look into the specifics of interface design. For example, it is not clear whether visual interfaces have been used in cars more than haptic or auditory ones, and which modality is most effective for driver persuasion. Therefore, there is a need to identify blind-spots in the existing research landscape, both conceptually and from the design point of view. Our contribution fills this gap by looking at persuasive systems in cars. We conducted a literature review of persuasive systems in the automotive domain based on the Persuasion Interface Design in Automotive context Framework (PIDAF) [13] (see Figure 1). The review can be used by researchers and designers to create new systems which tackle less explored strategies or domains. It can also be used to conduct more specific reviews, focusing on one particular aspect or strategy.

A search was conducted in the ACM Digital Library, ScienceDirect (Elsevier), IEEE Xplore and within the journals: Transportation Research Part A, Safety Science and Intelligent Transport Systems. The search was run with AND- and OR- for two types of keyword groups: (1) "car", "vehicle", "driver", "drive"; (2) "persuasion", "persuade", "behavior", "behavior change", "game", "gamification". We only included publications with keywords in their abstract published after 2008. The initial search resulted in 442 hits, which were reduced to 27 based on their relevance. Then a categorization was done according to the PIDAF. Each paper was reviewed individually. Since many categories were not mutually exclusive, we always counted the same paper two or more times. Table 1 provides a detailed description of the results.

# RESULTS

*Intent.* A majority of the publications reviewed targeted driver behaviour, with only one publication addressing driver attitude as well. Approximately a third of the papers were addressing eco-driving, and a majority aimed to increase safety. Only two papers aimed to change other behaviours, outside of these two categories, one of them supporting drivers in learning of functions and another one looking at natural user interfaces.

*Cues.* Gamification is used in about a third of the papers, where some elements or the entire persuasive system is gamified. Subliminal cues are not abundant in automotive persuasion. Only two papers used them explicitly, once using visual cues to prepare drivers in advance for lane changes and a second time using vibrotactile feedback. More than a third of the papers used verbal cues, either through

### **PIDAF CATEGORIES**

**PIDAF** includes four levels of decision making in designing for persuasion in cars: intent, cues, principles and design.

**Intent** includes the subcategories *aim* (attitude or behaviour change) and *domain*: safety, eco-driving and other.

**Cues** can be *psychological*, *social dynamics*, *gamification* and *verbal*. Psychological cues are either subliminal or unconscious. Social dynamics means a system targets single users, multiple users, uses competition or cooperation. Gamification can be used or not (yes/no). Verbal cues refer to whether a system uses language or not.

**Persuasive principles** are based on Fogg's taxonomy [9] and include *reduction*, *tunnelling*, *tailoring*, *suggestion*, *self-monitoring*, *surveillance* and *conditioning*.

The **design** considers nine aspects of interface design choices: *ambience* (peripheral or focal), *representation* (concrete or metaphorical), *feedback* (immediate or delayed), *integration* (additional or augmenting), *modality* (visual, haptic or auditory), *visualization* (discrete or continuous), *placement* (inside or outside of the car), *frequency* (in the moment, as a summary or beforehand) and *mobility* (mobile or fixed).

	Inte	ent			Cues		Principles					Design				
	Aim	Domain	Gamification	Psychological cues	Verbal cues	Social dynamics	Persuasion	Ambience	Representation	Feedback	Frequency	Modality	Integration	Vizualization	Pl <sub>acement</sub>	Mobility
Adell, et al. 2008 [1]	В	S	Ν	С	Ν	S	SM, SU	F, P	С, М	I	М	V, A, H	Ad,A	D	I	F
Burns et al., 2015 [2]	В	E	Ν	С	Ν	S	SM	F	С	I	М	V	Ad	D	Ι	F
Chin et al. 2017 [3]	А, В	S	Ν	С	Ν	М	SM, SR	F	С	D	S	V	Ad	D	I	М
Christiansen et. al 2011 [4]	В	S	Ν	С	Ν	S	SM, TA	Р	М	I	М	V, A	Ad	С	I	F
Di Lena et al. 2017 [5]	В	Е	Y	С	Y	S	SM, SU, CO	F, P	С, М	I	М	V,A	А	D	I	F
Diewald et al. 2012 [6]	В	0	Y	С	Ν	S	CO, TA	F	С	I,D	M, S	V	Ad, A	D	I	F
Diewald et al. 2015 [7]	В	0	Y	С	Y	S	RE, CO, SU	Р	М	D	M, S	V	Ad, A	D	I	M, F
Ecker et al. 2011 [8]	В	Е	Y	С	Ν	СМ	SM, TA, SU	Р	М	I	М	V	Ad, A	D	I	F
Ibragimova et al. 2015 [10]	В	Е	Ν	С	Ν	S	SM, CO	Р	М	I	M,S	V,H	А	С	I	M, F
Magana et al. 2015 [11]	В	Е	Y	С	Y	СМ	SM, CO, SU	F, P	С, М	I,D	M,S	V,A	Ad	D	I	М
Pampel et al. 2017 [12]	В	Е	Ν	С	Y	S	SU, TA	F	С	n/a	В	V	Ad	С	0	М
Rakotonirainy et al. 2014 [14]	В	S	Y	С	Ν	M, CM, CP	SR, TA, CO	F, P	М	I	М	V, H	Ad, A	С	I	M, F
Riener et al. 2014 [16]	В	S	Ν	S	Ν	S	TU	F	С	I	М	V	Ad	D	I	F
Riener, 2012 [15]	В	Е	Ν	S	Ν	S	SU	Р	М	I	М	Н	А	С	I	F
Rodriguez et al. 2014 [17]	В	S	Y	С	Y	СМ	SU, CO, SM	F, P	С	I,D	M, S	V	Ad, A	D	I	M, F
Schroeter et al. 2014 [18]	В	S	Y	С	Ν	СМ	CO, TA	Р	М	I	М	V	А	С	I	F
Shi et al. 2012 [19]	В	S	Y	С	Y	СМ	CO, SM, TA	F, P	М	I	M, S	V, A	Ad	D, C	I	М
Steinberger et al. 2017 [20]	В	S	Ν	С	Ν	S	TU, SM	Р	М	I	М	V	Ad	С	I	М
Steinberger et al.2015 [21]	В	S	Y	С	Ν	S	TU, CO	Р	М	I	М	V	Ad	С	I	F
Tanaka et al., 2017 [22]	В	S	Ν	С	Y	S	TA, SU	Р	М	I	М	V, A	Ad, A	С	I	F
Tulusan et al. 2012 [23]	В	Е	Ν	С	Y	S	SM, TA, SU	F	С	I	M,S	V	Ad	D	I	М
van Huysduynen et al. 2016 [24]	В	S	Ν	С	Y	S	TU, SU, TA	F, P	С, М	I	М	V, H	Ad	С	I	F
Wang et al. 2016 [25]	В	S	Ν	С	Ν	М	SR, SM	Р	М	I	M, S	V	Ad	С	I	F
Wang et al. 2017 [27]	В	S	Ν	С	Ν	S	SU	Р	М	I	М	А	Ad	С	I	F
Wang et. al 2015 [26]	В	S	Ν	С	Ν	М	SR.	Р	М	I	М	V	Ad	С	I	F
Williams et. al 2014 [28]	В	S	Ν	С	Y	S	RE, SU	F	С, М	I	М	V, A	Ad	С	I	Μ
You et al., 2012 [29]	В	S	Ν	С	Y	S	SU, TA	Р	M	I	М	V, A	Ad	С	I	M, F

# Table 1: Results of the literature review with respect to PIDAF. Explanation of the abbreviations can be found in Table 2.

#### Table 2: Abbreviations for Table 1.

Aim	A = Attitude
	A = Attriude B = Behaviour
Domain	S = Safety
O = Other	E = Eco-driving
Gamification	$\frac{E = ECO-UTIVITIg}{Y = Yes}$
Gammeation	N = No
Psychological cues	C = Conscious
r sychological cues	S = Subliminal
Verbal cues	Y = Yes
verbai cues	N = No
Social dynamics	
Social dynamics	S = Single user M = Multi-user
CM Compatition	
CM = Competition	CP = Cooperation
<b>Principles</b> SR = Surveillance	SM = Self-monitoring
RE = Reduction	SU = Suggestion
	TU = Tunnelling
TA = Tailoring Ambience	$\frac{\text{CO} = \text{Conditioning}}{\text{F} = \text{Focal}}$
Ambience	
<b>D</b> <i>i i i</i>	P = Peripheral C = Concrete
Representation	
Feedback	M = Metaphorical
Геебраск	
<b>F</b>	D = Delayed
Frequency	M = Momentary
S = Summary	B = Beforehand
Modality	V = Visual
A = Auditory	H = Haptic
Integration	Ad = Additional
<u></u>	A = Augmenting
Vizualization	D = Discrete
	C = Continuous
Placement	I = Inside
	O = Outside
Mobility	F = Fixed
	M = Mobile

visual text or audio messages. A majority of the publications examined were targeted at single users, namely the drivers themselves. However, four prototypes also considered the communication with other drivers, passengers or social circle. Additionally, 6 papers used competition as a way to change behavior, but only one proposed cooperation between drivers and other traffic participants.

*Persuasive Principles.* The use of persuasive principles is more diverse and more balanced across the papers reviewed. Most applications made use of self-monitoring tools (13 papers), suggestion (14 papers) and tailoring (11 papers). Conditioning, namely using different types of rewards to incentivize behavior is also more present, with 10 prototypes applying this principle. However, surveillance, reduction and tunneling were less employed. One notable instance of surveillance is engaging the social support group of the driver to observe driver behavior.

*Design.* A majority of systems reviewed uses visual output modalities, while the prevalence of haptic and auditive modalities is much smaller (6 and 9 papers, respectively). Designers prefer new interfaces, or a combination of new interfaces and augmenting existing ones. Of the latter, we can mention steering wheels, car seat, seat belts and pedals. Additionally, most prototypes make use of abstract designs or a combination of both concrete and abstract. Only 7 papers used concrete designs only. Most interfaces are used inside the car. In only one case persuasion was implemented outside the car, through text messages. A majority is also fixed: displays or other augmented interfaces. Six were nomadic and in five cases, designers used a combination of the two.

# DISCUSSION

Any literature mapping involves a process of defining criteria and selection. The landscape of persuasion in the automotive domain is larger than this paper was able to cover, although our endeavor was to include the most relevant publications. Due to space limitations, we will highlight here the most obvious blind-spots. For each decision layer of PIDAF (intent, cues, principles, design) we pinpoint those categories that have been used less in designing systems, based on our review. Firstly,persuasive applications targeting attitude and other domains apart from safety and eco-driving are almost entirely lacking. Secondly, non-conscious cues are not generally used, meaning there is no subliminal preparation for future action. This is an important area for development based on current behavioral research. Additionally, driving is a "solitary activity": most applications target single users. Thirdly, surveillance, reduction and tunnelling could receive more attention in automotive persuasion. Finally, from the design perspective, drivers could be primed more for future actions outside of the vehicle: currently most interfaces are placed inside and are fixed. There is also an opportunity to explore auditive or haptic modalities in addition to visual ones. Designers could explore more delayed, summarized or prior information, in addition to immediate feedback and momentary frequency. There could also be more designs augmenting existing interfaces rather than adding new ones. Persuasive interface

#### **Table 3: Category definitions PIDAF**

#### **Aim** = type of change desired

<b>Domain</b> = theme the system is focused on
<b>Psychological cues</b> = features guiding future action
Social dynamics = patterns of interaction
Gamification = system use of games
Verbal cues = system use of language
<b>Reduction</b> = narrow down to simple steps
<b>Tunnelling</b> = guide through sequence of actions
<b>Tailoring</b> = provide personalized information
Suggestion = recommend an action
<b>Self-monitoring</b> = inform about self progress
Surveillance = monitor by another party
<b>Conditioning</b> = give reinforcements to shape behavior
Ambience = type of user attention required
<b>Representation</b> = information depiction in interface
<b>Feedback</b> = assessment of user action
<b>Integration</b> = interface assimilation within the vehicle
Modality = system rendering of output
Visualization = way of presenting information
Placement = location of interface
<b>Frequency</b> = recurrence of information
Adability mayability of the interfect

**Mobility** = movability of the interface

# ACKNOWLEDGMENTS

The financial support by the Fonds National de la Recherche Luxembourg (FNR): CS14/IS/8301419 and the Austrian Science Fund (FWF): I 2126-N15 are gratefully acknowledged. design is constantly expanding and with this paper we hope to support designers and researchers to further develop work in these underdeveloped areas.

## REFERENCES

- [1] Emeli Adell, András Várhelyi, and Magnus Hjälmdahl. 2008. Auditory and haptic systems for in-car speed management -A comparative real life study. *Transportation Research Part F: Traffic Psychology and Behaviour* 11, 6 (Nov. 2008), 445–458. https://doi.org/10.1016/j.trf.2008.04.003
- [2] Peter Burns, Leanna Belluz, Marc Belzile, Vittoria Battista, Samuel Pedroso, James Knowles, Vijay Gill, and Charles Crispim. 2015. Influence of in-vehicle displays on driver behaviour. In Adjunct Proceedings of the 7th International Conference on Automotive User Interfaces and Interactive Vehicular Applications - AutomotiveUI '15. ACM Press, Nottingham, United Kingdom, 146–151. https://doi.org/10.1145/2809730.2809744
- [3] Hyojin Chin, Hengameh Zabihi, Sangkeun Park, Mun Yong Yi, and Uichin Lee. 2017. WatchOut: Facilitating Safe Driving Behaviors with Social Support. ACM Press, 2459–2465. https://doi.org/10.1145/3027063.3053188
- [4] Lars Holm Christiansen, Nikolaj Yde Frederiksen, Alex Ranch, and Mikael B. Skov. 2011. Investigating the effects of an advance warning in-vehicle system on behavior and attention in controlled driving. ACM Press, 121. https: //doi.org/10.1145/2381416.2381436
- [5] Pietro Di Lena, Silvia Mirri, Catia Prandi, Paola Salomoni, and Giovanni Delnevo. 2017. In-vehicle Human Machine Interface: An Approach to Enhance Eco-Driving Behaviors. ACM Press, 7–12. https://doi.org/10.1145/3038450.3038455
- [6] Stefan Diewald, Andreas Möller, Luis Roalter, and Matthias Kranz. 2012. Gamification-supported Exploration of Natural User Interfaces.
- [7] Stefan Diewald, Andreas Möller, Tobias Stockinger, Luis Roalter, Marion Koelle, Patrick Lindemann, and Matthias Kranz. 2015. Gamification-supported Exploration and Practicing for Automotive User Interfaces and Vehicle Functions. In *Gamification in Education and Business*, Torsten Reiners and Lincoln C. Wood (Eds.). Springer International Publishing, Cham, 637-661. https://doi.org/10.1007/978-3-319-10208-5\_32
- [8] Ronald Ecker, Philipp Holzer, Verena Broy, and Andreas Butz. 2011. EcoChallenge: a race for efficiency. In Proceedings of the 13th International Conference on Human Computer Interaction with Mobile Devices and Services - MobileHCI '11. ACM Press, Stockholm, Sweden, 91. https://doi.org/10.1145/2037373.2037389
- [9] B. J. Fogg. 2003. *Persuasive technology: using computers to change what we think and do.* Morgan Kaufmann Publishers, Amsterdam ; Boston.
- [10] Eleonora Ibragimova, Arnold Vermeeren, Peter Vink, Nick Mueller, and Leanda Verboom. 2015. The Smart Steering Wheel Cover Design: A Case Study of Industrial-Academic Collaboration in Human-Computer Interaction. In *HCI in Business*, Fiona Fui-Hoon Nah and Chuan-Hoo Tan (Eds.). Vol. 9191. Springer International Publishing, Cham, 688–698. https://doi.org/10.1007/978-3-319-20895-4\_64
- [11] V. Corcoba Magana and M. Munoz-Organero. 2015. GAFU: Using a Gamification Tool to Save Fuel. IEEE Intelligent Transportation Systems Magazine 7, 2 (2015), 58-70. https://doi.org/10.1109/MITS.2015.2408152
- [12] Sanna M. Pampel, Samantha L. Jamson, Daryl Hibberd, and Yvonne Barnard. 2017. The activation of eco-driving mental models: Can text messages prime drivers to use their existing knowledge and skills? *Cognition, Technology & Work* 19, 4 (Nov. 2017), 743–758. https://doi.org/10.1007/s10111-017-0441-3
- [13] Irina Paraschivoiu, Alexander Meschtscherjakov, Magdalena Gärtner, Jakub Sypniewski, and Manfred Tscheligi. [n. d.]. Persuading the driver: A Framework for Persuasive Interface Design in the Automotive Domain. In Proceedings of the 14th International Conference on Persuasive Technology 2019 (submitted). Springer Publishing, LLC, Limassol, Cyprus.

- [14] Andry Rakotonirainy, Ronald Schroeter, and Alessandro Soro. 2014. Three social car visions to improve driver behaviour. Pervasive and Mobile Computing 14 (Oct. 2014), 147–160. https://doi.org/10.1016/j.pmcj.2014.06.004
- [15] Andreas Riener. 2012. Subliminal Persuasion and Its Potential for Driver Behavior Adaptation. IEEE Transactions on Intelligent Transportation Systems 13, 1 (March 2012), 71–80. https://doi.org/10.1109/TITS.2011.2178838
- [16] Andreas Riener and Hannes Thaller. 2014. Subliminal Visual Information to Enhance Driver Awareness and Induce Behavior Change. ACM Press, 1–9. https://doi.org/10.1145/2667317.2667328
- [17] Marcela D. Rodríguez, Rubén R. Roa, Jorge E. Ibarra, and Cecilia M. Curlango. 2014. In-car Ambient Displays for Safety Driving Gamification. ACM Press, 26–29. https://doi.org/10.1145/2676690.2676701
- [18] Ronald Schroeter, Jim Oxtoby, and Daniel Johnson. 2014. AR and Gamification Concepts to Reduce Driver Boredom and Risk Taking Behaviours. ACM Press, 1–8. https://doi.org/10.1145/2667317.2667415
- [19] Chuan Shi, Hae Jin Lee, Jason Kurczak, and Alison Lee. 2012. Routine Driving Infotainment App: Gamification of Performance Driving. In Adjunct Proceedings of the 4th International Conference on Automotive User Interfaces and Interactive Vehicular Applications (Automotive UI).
- [20] Fabius Steinberger, Ronald Schroeter, Marcus Foth, and Daniel Johnson. 2017. Designing Gamified Applications that Make Safe Driving More Engaging. ACM Press, 2826–2839. https://doi.org/10.1145/3025453.3025511
- [21] Fabius Steinberger, Ronald Schroeter, Verena Lindner, Zachary Fitz-Walter, Joshua Hall, and Daniel Johnson. 2015. Zombies on the road: a holistic design approach to balancing gamification and safe driving. In Proceedings of the 7th International Conference on Automotive User Interfaces and Interactive Vehicular Applications - AutomotiveUI '15. ACM Press, Nottingham, United Kingdom, 320–327. https://doi.org/10.1145/2799250.2799260
- [22] Takahiro Tanaka, Kazuhiro Fujikake, Takashi Yonekawa, Misako Yamagishi, Makoto Inagami, Fumiya Kinoshita, Hirofumi Aoki, and Hitoshi Kanamori. 2017. Driver Agent for Encouraging Safe Driving Behavior for the Elderly. ACM Press, 71–79. https://doi.org/10.1145/3125739.3125743
- [23] Johannes Tulusan, Thorsten Staake, and Elgar Fleisch. 2012. Providing eco-driving feedback to corporate car drivers: what impact does a smartphone application have on their fuel efficiency? ACM Press, 212. https://doi.org/10.1145/2370216. 2370250
- [24] Hanneke Hooft van Huysduynen, Jacques Terken, and Berry Eggen. 2016. Encouraging the Use of ADAS through Personalized Persuasion. In Proceedings of the 8th International Conference on Automotive User Interfaces and Interactive Vehicular Applications Adjunct - Automotive'UI 16. ACM Press, Ann Arbor, MI, USA, 105–110. https://doi.org/10.1145/ 3004323.3004335
- [25] Chao Wang, Jacques Terken, Jun Hu, and Matthias Rauterberg. 2016. "Likes" and "Dislikes" on the Road: A Social Feedback System for Improving Driving Behavior. ACM Press, 43–50. https://doi.org/10.1145/3003715.3005403
- [26] Chao Wang, Jacques Terken, Bin Yu, and Jun Hu. 2015. Reducing driving violations by receiving feedback from other drivers. ACM Press, 62–67. https://doi.org/10.1145/2809730.2809736
- [27] MinJuan Wang, Sus Lundgren Lyckvi, Chenhui Chen, Palle Dahlstedt, and Fang Chen. 2017. Using Advisory 3D Sound Cues to Improve Drivers' Performance and Situation Awareness. ACM Press, 2814–2825. https://doi.org/10.1145/3025453.3025634
- [28] Kenton Williams, José Acevedo Flores, and Joshua Peters. 2014. Affective Robot Influence on Driver Adherence to Safety, Cognitive Load Reduction and Sociability. In Proceedings of the 6th International Conference on Automotive User Interfaces and Interactive Vehicular Applications - AutomotiveUI '14. ACM Press, Seattle, WA, USA, 1-8. https: //doi.org/10.1145/2667317.2667342
- [29] Chuang-Wen You, Martha Montes-de Oca, Thomas J. Bao, Nicholas D. Lane, Hong Lu, Giuseppe Cardone, Lorenzo Torresani, and Andrew T. Campbell. 2012. CarSafe demo: supporting driver safety using dual-cameras on smartphones. ACM Press, 547. https://doi.org/10.1145/2370216.2370304